

**Maharshi Valmiki College Of Education**

**University Of Delhi**

**Geeta Colony, Delhi-110031**

**Practice and Preparation for Sports Day 2026**

The sessions of practice and preparation for the Sports day will be for the following events:

- **March Past and Yoga** (Participation in either of these two is mandatory.)

S.No.	Sports Event	
1	100 mtr. Race	Men
2	100 mtr. Race	Women
3	200 mtr. Race	Men
4	200 mtr. Race	Women
5	400 mtr. Relay	Men
6	400 mtr. Relay	Women
7	Three-legged Race (50m)	Men
8	Three-legged Race (50m)	Women
9	Lemon Race (50 m)	Men
10	Lemon Race (50 m)	Women
11	Sack Race (50 m)	Men
12	Sack Race (50 m)	Women
13	Matki Race (50 m)	Men
14	Matki Race (50 m)	Women
15	Skipping Race (50m)	Men
16	Skipping Race (50m)	Women
17	Volley Ball #	Mixed
18	Kho – Kho ##	Mixed
19	Cricket*	Second Semester vs. Fourth Semester students

<b>20</b>	Gallery	Mixed
<b>21</b>	Three-legged Race	Differently-abled
<b>22</b>	Cricket	Differently-abled
<b>23</b>	Tug of War	Second Semester vs. Fourth Semester students

\*Cricket match (Finals) will be held on March 10, 2026 (Tuesday) from 9:00 a.m. to 10.00 a.m.

# Inter-House Semi-final matches of Volley Ball will be held on March 16, 2026 (Monday) from 9:00 a.m. to 10.00 a.m.

## Inter-House Semi-final matches of Kho-Kho will be held on March 17, 2026 (Tuesday) from 9:00 a.m. to 10.00 a.m.

**Physical Education & Sports Activities Committee  
MVCE, 2025-26**

**Prof. Jyoti Kohli  
Principal (Officiating)**